Dental Services Performed as

Part of the Oral Health Program:

CUSI KIRU

The Chijnaya Foundation

THE CUSI KIRU ORAL HEALTH PROGRAM



ASSISTANCE TO COMMUNITIES IN THE ANDEAN HIGHLANDS OF SOUTHERN PERU.



Promoting good health is one of the pillars of the integrated approach to development practiced by The Chijnaya Foundation. A healthy population is critical for sustained economic growth and improvement in the wellbeing of communities. In recent years, childhood mortality has been reduced significantly in Peru thanks to government programs in reproductive health, and



living to a ripe old age is not uncommon. In Chijnaya, several individuals are more than 100 years old, and many more are in their 70s, 80s and 90s. The Foundation's activities in the area of health have included programs for replacing traditional stoves which create a highly polluted cooking environment with improved stoves that significantly reduce exposure to smoke. Most of the families in our network now have these ecological, smoke-free stoves. In addition, the Foundation has organized campaigns to



provide glasses for villagers with impaired vision. Recently, alarms have been raised about the high rates of anemia found in young children, especially in the southern mountainous region where we work, and the Peruvian government is making a strong effort to deal with this problem. Foundation personnel have been involved in discussions with local health authorities to address this situation in our network of communities.

However, the main focus of the Foundation's health efforts has been on oral health. It is increasingly recognized that oral health is a major factor in general health status. Poor dental hygiene has been connected to cardiovascular disease.



dementia, respiratory infections and diabetic complications. Dr. Madelca Aragon is the Peruvian dentist in charge of our health program. She is engaged in both curative services and prevention education in the



communities in our network. While continuing to attend to older patients, Dr. Aragon is placing great emphasis on the oral health of children. We have found that a high percentage of school-age children have serious dental issues. In addition to giving talks in schools and distributing toothbrushes and toothpaste, Dr. Aragon provides fluoride treatments and curative services to these boys and girls. Her activities from January through September 2018 are detailed on the reverse side of this page.

HELP US CREATE A HEALTHY FUTURE FOR THE PEOPLE OF THE ALTIPLANO



Donate online: www.chijnayafoundation.org

Donate by check: The Chijnaya Foundation, 1717 E.
Vista Chino, Suite A7-488, Palm Springs,
CA 92262 USA